



# From Unconscious Bias to Conscious Inclusion **Syllabus**

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## OVERVIEW

This workshop equips participants with an understanding of the formation and impact of various forms of biases on individuals and groups in the workplace.

**FORMAT** Face-to-Face or Online

**LEVEL** Beginner - all staff

**LENGTH** 2 hr, half-day, full-day

**PARTICIPANTS** 8 min, 20 max

**INVESTMENT** From \$2000

## DESCRIPTION

Through immersive activities, vignettes and interactive case studies, participants are challenged to explore what conscious inclusion means in workplace practice. By engaging in facilitated dialogue, participants develop knowledge to create inclusive teams that cultivate a sense of belonging, meaningful engagement, and shared responsibility.

## OUTCOMES

From Unconscious Bias to Conscious Inclusion workshop enables employees to move past biases and work towards inclusion by becoming more aware and taking steps to reduce the effects of exclusion on individuals.



**Effective  
Decision  
Making**



**Inclusive  
Workplace  
Culture**



**Improved  
Attitudes &  
Behaviours**

## OBJECTIVES

- Understand how categories of unconscious bias can impact our actions and decision making.
- Impact of bias at interpersonal and societal levels and how that translates to the workplace.
- Identify triggers and how they affect workplace inclusion and culture.
- Develop personal and workplace mitigation strategies that address unconscious bias and work towards inclusive practices.



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